

Middle School Café for August-December 2021

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY																
R E D	Blueberry Crumb Cake Fruit, Fruit Juice and Milk	Mini Cinnis Fruit, Fruit Juice and Milk	Breakfast Bagel Fruit, Fruit Juice and Milk	Breakfast Bar Fruit, Fruit Juice and Milk	Mini French Toast Fruit, Fruit Juice and Milk	<p>What Makes a Breakfast? Entrée Choice Fruit and Milk</p> <table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 60%;">Student Breakfast and Lunch</td> <td style="width: 15%; text-align: center;">FREE</td> <td style="width: 25%; text-align: center;">FREE</td> </tr> <tr> <td>Reduced Breakfast and Lunch</td> <td style="text-align: center;">FREE</td> <td style="text-align: center;">FREE</td> </tr> <tr> <td>Adult Breakfast and Lunch</td> <td style="text-align: center;">\$2.50</td> <td style="text-align: center;">\$4.60</td> </tr> <tr> <td>Extra Milk</td> <td style="text-align: center;">\$0.40</td> <td style="text-align: center;">\$0.40</td> </tr> </table> <p>What Makes a Lunch? Protein, Vegetable, Fruit, Grain, Milk Select 3 or More Components</p> <p style="color: red; text-align: center;">Pay for student meals online at: www.myschoolbucks.com</p> <p style="text-align: center;">Apply Online Free and Reduced applications for the 2020-2021 School Year expire on September 16, 2021. You can apply for benefits online at: www.myschoolapps.com</p> <p style="color: red; text-align: center;">If you are interested in becoming a part of Community Schools of Frankfort Wellness Committee contact Diane Stiening at 659-6230 or stiening@frankfort.k12.in.us</p> <p style="text-align: center;">Food Service Department is seeking cafeteria workers. Call 765-659-6230 for more information.</p>					Student Breakfast and Lunch	FREE	FREE	Reduced Breakfast and Lunch	FREE	FREE	Adult Breakfast and Lunch	\$2.50	\$4.60	Extra Milk	\$0.40	\$0.40
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Chicken Nuggets/Bread Mashed Potatoes Green Beans	Birthday Pancakes Sausage Patties Tri-Taters 100% Fruit Juice	Tasty Taco Scoops Lettuce, Cheese, Salsa Refried Beans	5" Round Pizza Corn Romaine Salad	Hamburger or Cheeseburger/Bun Fries Broccoli with Cheese																		
B L U E	Cereal Bar/Cheese Stick Fruit, Fruit Juice and Milk	Sausage Pancake Wrap Fruit, Fruit Juice and Milk	Breakfast Round Fruit, Fruit Juice and Milk	Chicken Biscuit Fruit, Fruit Juice and Milk	Mini Cinnamon Bagel Fruit, Fruit Juice and Milk																	
	Chicken Smackers/Orange Sauce Steamed Rice California Blend 100% Fruit Juice	Beef Nachos w/Chips Salsa Corn	Grilled Cheese Carrot Sticks w/Ranch Savory Green Beans Chips	Pull Apart Pizza Romaine Salad Mixed Vegetables	Hot Dog/Bun Fries Baked Beans Frozen Fruit Cup																	
P U R P L E	Muffin/Cheese Stick Fruit, Fruit Juice and Milk	Sausage Gravy Pizza Fruit, Fruit Juice and Milk	Snack'n Waffle Fruit, Fruit Juice and Milk	Breakfast Bar Fruit, Fruit Juice and Milk	Chocolate Chip Crumb Cake Fruit, Fruit Juice and Milk																	
	Crispy Chicken Tenders/Bread Au Gratin Potatoes Broccoli	Pepperoni Calzone Romaine Salad Corn	Country Fried Steak/Roll Mashed Potatoes Savory Green Beans	Dorito Taco Lettuce, Cheese, Salsa Spanish Rice Refried Beans	Hamburger or Cheeseburger/Bun Tater Tots Peas																	
G R E E N	Mini Strawberry Bagel Fruit, Fruit Juice and Milk	Pancake Wrap Fruit, Fruit Juice and Milk	Sausage Biscuit Fruit, Fruit Juice and Milk	French Toast Sticks Fruit, Fruit Juice and Milk	Banana Bread Fruit, Fruit Juice and Milk																	
	Chicken Patty/Bun or Spicy Chicken Patty/Bun Fries Green Beans	4x6 Pizza Carrots w/Ranch Corn	Pasta w/Meat Sauce Breadstick Romaine Salad 100% Fruit Juice	Chicken Smackers Macaroni and Cheese Broccoli	Corn Dog Potato Smiles Baked Beans																	
DAILY OPTIONS																						
	Salads Uncrustable/Cheese Stick Yogurt Parfait Assorted Fruit and Veggies Assorted Milk	Salads Uncrustable/Cheese Stick Assorted Fruit and Veggies Assorted Milk	Salads Uncrustable/Cheese Stick Assorted Fruit and Veggies Assorted Milk	Salads Uncrustable/Cheese Stick Yogurt Parfait Assorted Fruit and Veggies Assorted Milk	Salads Uncrustable/Cheese Stick Assorted Fruit and Veggies Assorted Milk																	

August						September					October					November					December								
	M	T	W	T	F		M	T	W	T	F		M	T	W	T	F		M	T	W	T	F		M	T	W	T	F
Red				5	6	Red			1	2	3	Red					1	Blue	1	2	3	4	5	Blue			1	2	3
Blue	9	10	11	12	13	Blue	NS	7	8	9	10	Blue	4	5	6	7	8	Purple	8	9	10	11	12	Purple	6	7	8	9	10
Purple	16	17	18	19	20	Purple	13	14	15	16	17	Purple	11	12	13	14	15	Green	15	16	17	18	19	Green	13	14	15	16	17
Green	23	24	25	26	27	Green	20	21	22	23	24	Green	NS	NS	NS	NS	NS	Red	22	23	NS	NS	NS	Red	NS	NS	NS	NS	NS
Red	30	31				Red	27	28	29	30		Red	25	26	27	28	29	Blue	29	30									

NS - No School *School Holidays are potential weather make up days.

This institution is an equal opportunity provider.

Menus are subject to change